Little Knight, Newborn Purple Hat



This baby hat was designed for the <u>Period of Purple Crying Program</u> at the <u>IWK Health Centre</u>. The <u>PURPLE program</u> educates parents about normal infant crying and teaches coping skills in order to prevent <u>Shaken Baby Syndrome</u>. The pattern is named "Little Knight" because of the ribbing on the front that resembles a visor on a knight's helmet.

Materials: Bernat Satin #4, colour Lavender, or any other soft acrylic yarn in worsted weight 3.5 mm (US#4) and 4 mm (US#6) double-pointed needles tapestry needle, stitch markers

Abbreviations:

k = knit

p = purl

k1-tbl = knit 1 st through the back loop

sl (slip) = transfer a stitch purlwise from the left needle to the right without knitting

k2tog = knit 2 sts together

CDD (Centred Double Decrease) = slip 2 sts as if to k2tog, k1, then pass 2 slipped sts over the knitted st. 1 st on the needle.

Gauge: 21 sts and 28 rnds over 10 cm (4") in stockinette st with larger needles.

Head circumference: 37 cm (14.5 in), average newborn size

PLEASE NOTE: the hat's cast-on edge must be very stretchy to fit comfortably over a baby's head. Please follow cast-on instructions.

With **two** smaller needles **held together**, cast on 60 sts. Pull one needle out. Distribute sts to 3 double-pointed needles as follows: 29-16-15; mark beginning of round and join, being careful not to twist. The stitches are now divided for the front (29 sts on the first needle) and back (31 sts on the 2nd and 3rd needles combined)*.

Rnds 1-10: K1-tbl, p1.

Rnd 11: (K1-tbl, p1) 15 times, k30. **Rnd 12:** (K1-tbl, p1) 15 times, p30.

Switch to larger needles.

Rnd 13: P2, (k1-tbl, p1) 12 times, k1-tbl, p2. K31.

Rnd 14: K1, p1, (k1-tbl, p1) 12 times, k1-tbl, p1, k1. K31.

Rnd 15: K2, p2, (k1-tbl, p1) 10 times, k1-tbl, p2, k2. K31.

Rnd 16: K3, p1, (k1-tbl, p1) 10 times, k1-tbl, p1, k3. K31.

Rnd 17: K4, p2, (k1-tbl, p1) 8 times, k1-tbl, p2, k4. K31.

Rnd 18: K5, p1, (k1-tbl, p1) 8 times, k1-tbl, p1, k5. K31.

Rnd 19: K6, p2, (k1-tbl, p1) 6 times, k1-tbl, p2, k6. K31.

Rnd 20: K7, p1, (k1-tbl, p1) 6 times, k1-tbl, p1, k7. K31.

Rnd 21: K8, p2, (k1-tbl, p1) 4 times, k1-tbl, p2, k8. K31.



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Rnd 22: K9, p1, (k1-tbl, p1) 4 times, k1-tbl, p1, k9. K31.

Rnd 23: K10, p2, (k1-tbl, p1) 2 times, k1-tbl, p2, k10. K31.

Rnd 24: K11, p1, (k1-tbl, p1) 2 times, k1-tbl, p1, k11. K31.

Rnd 25: K12, p2, k1-tbl, p2, k12. K31.

Rnd 26: K13, p3, k13, k31.

Crown

To make crown shaping easier, redistribute sts on needles to end with 15-15-30 as follows:

Knit first 7 sts on the first needle and transfer them to the 3^{rd} needle for the new beginning of rnd; slip the last 7 sts on the first needle to the 2^{nd} needle, leaving 15 sts on the first needle with the p3 in the center; slip the last 7 sts on the 2^{nd} needle to the 3^{rd} needle, leaving 15 sts on the 2^{nd} needle; there should now be 30 sts on the 3^{rd} needle.

Rnd 27: (K6, CDD, k6) 4 times. (52 sts)

Rnd 28: (K6, sl1, k6) 4 times.

Rnd 29: (K5, CDD, k5) 4 times. (44 sts)

Rnd 30: (K5, sl1, k5) 4 times.

Rnd 31: (K4, CDD, k4) 4 times. (36 sts)

Rnd 32: (K4, sl1, k4) 4 times.

Rnd 33: (K3, CDD, k3) 4 times. (28 sts)

Rnd 34: (K2, CDD, k2) 4 times. (20 sts)

Rnd 35: (K1, CDD, k1) 4 times. (12 sts)

Rnd 36: (CDD) 4 times. (4 sts)

Cut yarn, leaving a 15 cm (6") tail. Using tapestry needle, thread tail through remaining sts and pull tight. Weave in ends.

*The stitches are divided as 29-16-15 to avoid 'ladders' on the front and for easier shaping of the ribbed part.





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 ${\bf Photography:} \ \underline{\bf Shannon\ Bower}.\ {\bf Photos\ used\ with\ permission}.$

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